



Care Corps, Inc.

Homeless Services

Helping families and individuals in need.....

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www.care-corps.org

Care Corps provides a place of shelter, support, and services for homeless individuals and families by empowering them to achieve independence and lifelong enrichment.

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Spring IS HERE!

Hello Friends,

Spring has finally arrived and the children have lots of energy! As many of you already know, nearly 1 out of every 5 individuals who enters our shelter is under the age of 12. With children accounting for 25% of Care Corps residents, it reaffirms our belief that every man,



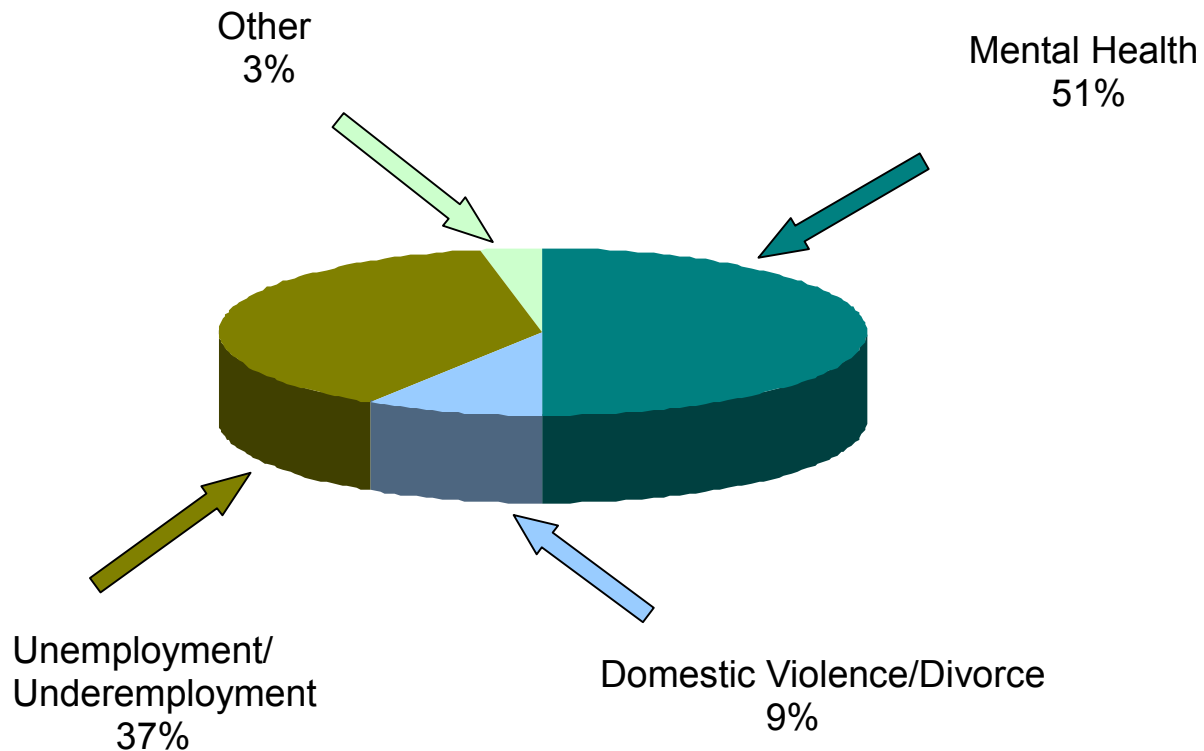
woman, and child in Fremont and the surrounding area, needs a safe, happy, and caring place to come and call home. Care Corps helps families and individuals get back on their feet by providing the shelter and providing the resources to help them find jobs, healthcare, mental health services, and all the other services needed to empower them to achieve independence and lifelong enrichment. These services and the successes of our clients would not be possible without the gracious and generous assistance that our community provides to Care Corps.

We are already in the middle of what could certainly be another record setting year in terms of the number of the homeless and near homeless families and individuals that will be seeking services in our community. As the economy continues to recover, the homeless numbers will be the last to recover. Your continued support is making a huge difference in the lives of those we serve. Please take a few moments to look through this newsletter and get a glimpse of what your support means to families and individuals who want to emerge from homelessness.

Thank you,

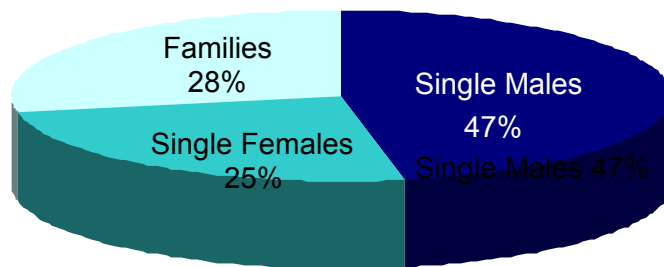
Michael Wehling, Executive Director

Why are People Homeless?

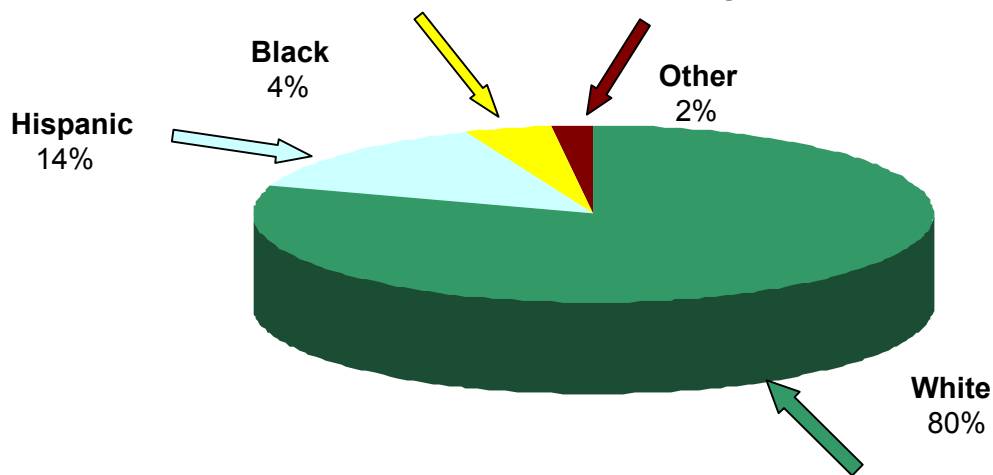


- In 2010, Care Corps provided:
 - 701 people received Prevention & Aftercare services
 - 2,489 hours of Case Management
 - 562 hours of Professional Counseling
 - 953 hours of Life Skills classes
- Nearly 1 of every 5 clients are under the age of 12.
- Over 77% of Care Corps clients are from the Greater Fremont Area (within 25 miles and excluding Omaha)
- Over 36,000 meals were provided by support from Low Income Ministry, church groups, businesses, and individuals
- The average length of stay was 24 days

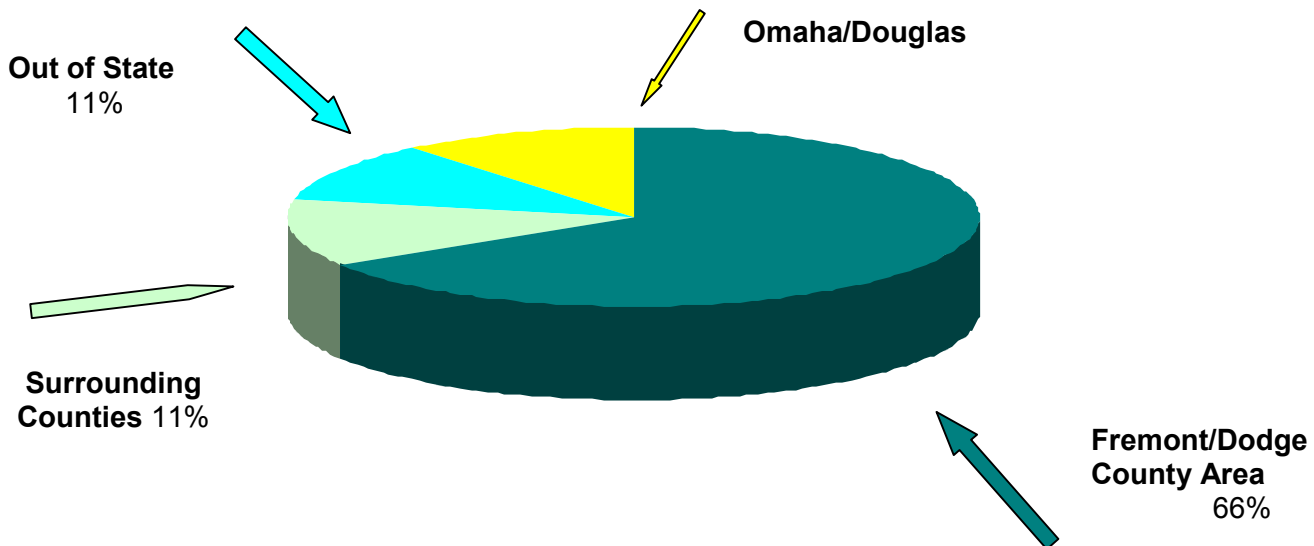
Households Served in 2010



Racial Demographics



Areas Served



Success Stories

Our Services

Prevention Program

Prevention assistance is provided (this includes food boxes, clothing, and school supplies so families are not choosing between rent and necessities).

Shelter Program

A safe environment is provided 24-hours a day which includes nutritious meals, clean clothing, hygiene products/supplies, and first-aid care.

Case Management

A masters level social work professional assists clients in meeting self-sufficiency goals for health (physical and mental), employment and housing.

Healthcare Assistance Program

Assist clients in obtaining medical prescriptions, scheduling medical appointments, and completing employment physicals.

Professional Counseling

A licensed professional provides on-going therapy to address mental health and substance abuse issues.

Life Skills Education Program

Teaches practical skills and principles in employment, parenting, budgeting, Rent-Wise, healthy decision making, and child nutrition.

Aftercare Program

For 6 months after leaving, clients can still benefit from case management, therapy and Life Skills programming to ensure long-term success.

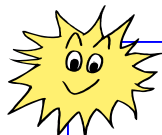
Transitional Housing

This program serves those suffering from chronic issues such as homelessness, mental illness, substance abuse, and physical disabilities.

Lenny came to the shelter from Lincoln. He had been out of work for several months. Lenny is a 40 year old male who has severe hearing loss. He wears hearing aides. Lenny was able to effectively utilize many of the resources at Care Corps and several different community resources. Lenny worked with Vocational Rehabilitation Services and was able to get new hearing aides for himself while doing so. Lenny became part of the Rotary Club in Fremont while staying at Care Corps. Lenny applied for many different positions and seemed to be having very little luck for several weeks. He felt he was held back because of the fact that he is hearing impaired. However, Lenny was very persistent and knew how to effectively utilize the community. Lenny recently started a job at a local apartment complex where he is their maintenance person. Along with this job comes an on-sight apartment that he can live in so that he is readily available to the tenants.

Jane

Jane came to Care Corps due to being on drug court. Jane is an elderly woman who had a long history of using drugs and alcohol. She had many things stacked against her and had many obstacles to overcome. Jane had to meet the expectations of both Care Corps and drug court. Jane was at Care Corps for almost four months, but when she moved out, she was prepared and in a very positive place. Jane worked at a local diner, making less than minimum wage. So, financially she had a very tight budget on what type of apartment she could afford. On top of that, drug court has many strict rules about where she could rent an apartment. Often, if she found an apartment that was in her price range, she was unable to live there because drug court was unable to approve the location. She ran into this barrier over and over again. Jane saved up a significant amount of money while at Care Corps and patiently waited until just the right opportunity came up for her. Because of all of her progress in drug court and in the shelter, at the end of her stay at Care Corps, Jane was offered her old job back working for housekeeping at a local college. This allowed her to slightly increase her budget and she was able to find an apartment that was perfect for her. Care Corps helped her furnish her apartment. To this day, several months after Jane moved out, she still has money in her savings account here at Care Corps. She knows that it is safe here and that she can get to it if she needs to, but so far she has been making it without dipping into that savings!!



Check out our website

- * Success Stories
- * Make a donation on line
- * Reports
- * Find out more about our Facility
- * What services are provided



HOW YOU CAN HELP

Volunteer to:

Donate time:

Making a meal
Answer Phones
Clean or Organizing
Filing

Donate items such as:

Sugar
Laundry soap
Garbage bags
Milk
Fresh fruits & veggies

Needed for kids & families:

Movie tickets
Basketball hoop
Skating passes

Any amount can make a difference.

\$5 helps get a bus pass to an appointment

\$15 will help pay for a prescription

\$30 would help get and ID or license needed to get a job.

\$50 would help someone get a GED

\$75 will buy new shoes for 4 children to wear to school

\$100 will provide book bags for school-age children

\$150 will provide diapers, formula, and wipes for a month

\$250 will provide professional counseling for a family for a month

\$500 will help pay for the prescriptions for an elderly couple for one month

\$750 will help purchase milk for the shelter for three months

\$1,500 will cover one month's utility bill for our operations

\$2,500 will pay for weekly therapy for twelve families during their stay

\$5,000 will provide over 100 hours of life skills education classes

\$10,000 will leave an Endowment to fight poverty and hunger for children and families in our area

We would gladly take any old cell phones with charges. These phones furnish clients with alarm clocks. They also give security for those in a domestic violence situations, or medical emergencies.
Thank You

Care Corps would like to thank everyone for the wonderful support. We would not be able to operate without Support.

Volunteer



Bill

I got acquainted with Care Corps in June, 2008 when my wife Teresa and I moved to Fremont. We thought we were going to be able to move into Gifford Towers but found that the process was not complete. We stayed in a motel until we were no longer financially able. We tried staying with some friends, but because of Teresa's disabilities, it was not possible. Our friends told us about Care Corps, so we went to talk to them and they had room. We stayed about 40 days till Gifford was ready for us to move in. In April of 2009, I got the opportunity to volunteer at Care Corps through a program called Experience Works. I am an ordained minister and have ministered three churches including the Church of God here in Fremont. I have also done prison ministry, but Care Corps was the most rewarding experience of my life. I believe that helping people is the greatest thing anyone can do. While working at Care Corps I was able to better understand the effect homelessness really has on people and that all homeless people are not how most people view the homeless. Many times all a client needs is an encouraging word or just a smile to help them cope with life's ups and downs. The staff at Care Corps are great to work with and really show they are there to help, not just to get a paycheck. "I will miss them all. Thank you Care Corps for caring."

Bill

Bill is part of the Experience Works Program. This program is for individuals 55 and older who would like to get back into the workforce. If interested call 721-3125 M-F 8am to 12pm and ask for Sue with Experience Works.

Volunteers, Community Service volunteers are needed. With out their support Care Corps would not be able to operate or operate in such a positive and caring capacity. We have volunteers who prefer to come in and prepare lunch M-F. Some cook, clean, answer phones, file, organize, help with an event or Holiday, help our maintenance person. We have a strong caring community. What makes our community amazing:

- * A young boy saving his allowance to buy ice cream for the kids at Care Corps. Has done this for years.
- * On a hot summer day a group of kids came in covered in dirt. They had been digging up potatoes all day to donate.
- * Organizations, who collaborate to make our mission possible.
- * Churches, who support us constantly in all aspects.


Lives of clients and
staff have been
touched by such love
and support.
THANK YOU ALL

Care Corps provides a place of shelter, support, and services to homeless individuals and families by empowering them to achieve independence and lifelong enrichment.

Save the Date!!!


Please note the following Events on your Calendar

2nd Annual Knock 'em down for Homelessness

June 2011 Calendar						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Saturday, June 11th
2PM for Families and
7 PM for Adults

The 25th annual John C. Fremont Days

July 2011 Calendar						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	 8	 9
 10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

July 8-10, 2011.

For more information contact the
 John C. Fremont office at
 402-727-9428, or email con-
 tact@johncfremontdays.com

6th Annual Charity Classic

August 2011 Calendar						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4		6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Friday, August 5th
1pm Shot Gun Start

Proceeds Benefit:
 Main Street Fremont
 Care Corps
 Low Income Ministry
 Habitat for Humanity

GREAT PRIZES!!!

Care Corps Staff

At the Annual Banquet

Michael Wehling, Executive Director
Shawn Peterson, Program Director
Barb Parks, Assistant Program Director
Judy Ferguson, Book Keeper
Brian Jones, Overnight Responder
Nikea Grove, Overnight Responder
Nicole Hogle, Transitional Housing/Case Management Coordinator
Robin Ritter, Life Skills Coordinator/Case Management
Linda Evans, Building and Maintenance
Benny Parks, On-site Overnight Responder
Hylean McGreevy, LMHP, LADAC, Therapist



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Helping individuals and families in need....

Care Corps could not
make it without you!

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U.S. Postage

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Fremont, NE 68025
Permit No. 26

Spring 2011

